

Healing Spirit Attachments

BY SHANNON PECK



DURING A KARUNA REIKI® MASTER TRAINING with William Rand, I was especially interested in the segment on dealing with spirit attachments. William's teaching was thorough. He explained discarnate spirits could sometimes create problems, including physical weakness, emotional and mental dysfunctions, problems with relationships, illness, and much more. The enormously valuable part was the way this potentially fearful subject was approached. It was approached with love for the attached spirits.

William explained Holy Fire® III Reiki energy is "more powerful than any energy to which the attaching spirit has access," and that Holy Fire® III "easily releases any attached spirit." Then he taught us exactly how to do it. Having spent years studying with shamans and other healers, William adroitly spoke about and taught a subject which very few people know about, myself included.

Months later, as I was giving a client a spirit world regression session, I drew on William's teaching on this subject. I came across a spirit attachment in my client as she was regressed to a past life many thousands of years ago where we met an entity living inside her body. We spoke to the entity.

Before my Karuna Reiki® training, I would have addressed the entity very differently and risen as a spiritual warrior to throw it out. Now, I was trained to understand that, rather than regarding it as evil and powerful, I could use compassionate understanding to view this entity as a spirit that's lost and needed to find its way back home.

First, let me tell you a little about what my client has been dealing with while hosting this entity for many, many lifetimes. In this life alone, she had been the victim of multiple rapes, kidnappings, and terrible violent acts against her since childhood. During the regression, it was revealed she'd suffered many atrocities in previous lives for thousands of years. How can anyone be so unlucky? I'll tell you how.

It isn't from being unlucky. It's from being host to a spirit placed

inside of her—we went to the moment and event when this happened during a demonic ceremony in ancient times. The entity was convinced her upper stomach area was its home. Plus, the lost, innocent entity came with a spell of untold horror which would be fulfilled for her many lives to come. Because of this, she suffered a most atrocious fate.

As I listened to this horrific story, I vividly recalled William's very teachings on this. The reason I recalled it so clearly is upon returning to my house from his Karuna training, I created 5x7 index cards on each of the new Karuna symbols I'd learned. Each symbol had a list of bullet points I wanted to remember as I worked with the cards daily.

On the Holy Fire® III card, the card's entire back had bullet points that revealed the problems derived from a spirit attachment. It was followed by specific ways Holy Fire® III deals with them—all of them, and beyond.

During my interview with my client, before her regression, as she spilled out the hardships of her present life and how victimized she'd been, I sensed a spirit attachment, and told her so. I explained I was trained as a Reiki Master and asked for permission to use Holy Fire® III during the regression. She agreed, and I used Holy Fire® III continually, allowing it to do its powerful, intelligent energy work on her as I led her through the past life regression which took two-and-a-half hours. This approach made all the difference.

As I sat with my client, my heart poured out with compassion. My mind arose in power, feeling confident I knew how to deal with this problem plaguing her for many lifetimes over thousands of years. You cannot imagine my relief and gratitude at that moment for my Karuna Reiki® training.

After over forty years as a spiritual healer, I thought I'd heard it all and seen it all. But my experience had only trained me to address an entity by rising and casting it out, as though it were an evil that needed to be destroyed rather than helped. There's a world of difference between my former and new approach.

If I had addressed the entity as an evil to be destroyed, I would have made a reality, in my mind, of evil being powerful. Then, fear would have entered with a feeling that I needed to live differently as though I could be harmed at any moment by another one! But this was not the case. It is only pure ignorance that would cause an entity to prefer to live in this way rather than in the way of the light of their true divine self. It's a matter of mistaken identity on the part of the spirit. And because of this, I know one needs to be alert to these mistaken identities that can harm.

As I addressed the entity, I lovingly explained that it had been lost and it was now time to go home to the light. It spoke back pitifully and longingly, saying this had been its home for a long, long time. I explained its true home was the light and its guides had come for it, to take it home. Moments later, this occurred. As it willingly departed, the entity told my client and me that there was another spirit attachment in her, which we would also have to manage. The underworld knows of its host companions!

The second entity was in her shoulder. It appeared immediately as a sharp pain. While her hand gripped the painful shoulder, she instantly recalled a past life where an arrow had entered her shoulder. As she had pulled out the arrow, blood began spurting out everywhere. The end was near. What she thought had been an accident, where her good friend had lost control of his arrow during a sparring practice hundreds of years ago, was quite different. She told me her good friend was hovering over her within seconds, and he was smiling!

She immediately recalled the circumstances where there had been a competition, and her friend had a burning desire to win it. The stakes were high. She was the only one standing in his way. There were some feelings of revenge involved; he wanted payback. They had shared many past lives, and in each of them, his hatred had carried over and been alive, giving her physical pain. His anger towards her

had continued for hundreds of years. It was pure hatred. Now that it was exposed, the pain left her shoulder. So did the energy of his hatred. Now she was free of both entities.

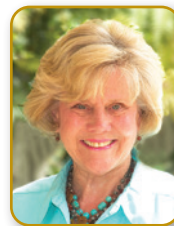
Following the regression, we took a short break. When my client returned from the break, she looked radiant. She was smiling with a sky-smile; so broad was her beautiful smile. It was out of this world! I commented on her beauty, and she said while in the bathroom, she saw herself in the mirror and hardly recognized herself. She was so new and free.

As William taught, Holy Fire® III "easily releases any attached spirit." He explained the spirit wants to leave and once it understands this, Holy Fire® III "carries the power of grace and of divine forgiveness. Because of divine love, the spirit is more willing to leave the body gently, without a battle." I found this to be entirely true.

Karuna Reiki's® highly advanced teaching on this subject enabled my client to be free of thousands of years of being the victim of torture, murders (once, being burned alive, after being named a witch by her church), rapes, sufferings, and what seemed like endless lives of great unhappiness.

An individual's Spirit Guide completely guides a past life regression. All of this was exposed by her guides, then handled by William's Karuna Reiki® teachings, using the Holy Fire® III symbol. It was deeply meaningful to use Reiki to release my client from something so horrible with such long-term suffering. Thanks to my Karuna Reiki® training, we could do this wonderful and important work which would affect the rest of her life and lives to come. I could see, at the end of the regression, the results had been significant and life-changing. My client was now strong, empowered, confident, and joyful! ✨

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Shannon Peck is an Usui/Holy Fire® III Reiki Master Teacher, a spiritual healer and certified Past Life Soul Therapist, and as a Soul Whisperer, she brings forth a person's soul identification, purpose, and evolution. Shannon is the author of Love Heals: How to Heal Everything with Love. She has also co-authored three other books on love with her husband, Dr. Scott Peck, including their best-seller, The Love You Deserve: A Spiritual Guide to Genuine Love. You may visit her website at www.shannonpeck.com or email her at shannonpeck@gmail.com.